

**Українська Католицька
Церква Св.Родина**

Парох: о. Микола Попович
225 N. 4th St.

Lindenhurst, NY 11757

Phone: (631) 225-1168 / **Fax:** (631) 225-1177

E-mail: popovici1@aol.com

Web Page: www.holyfamilyucc.com

Facebook: Saturday School:

<https://www.facebook.com/HFUkrainianSchool>



**Holy Family Ukrainian
Catholic Church**

225 N. 4th St., Lindenhurst, NY 11757

Pastor: Fr. Olvian Nicolae Popovici

Phone:(631) 225-1168 / **Fax:**(631) 225-1177

Parish Center: (631) 225 - 1203

E-mail: olvianpopovici@yahoo.com

Trustees: Silvia Smith (516) 712 - 5526

Nadiya Moskalyuk (631) 579-1519

Choir Director: Iryna Popovych 943-3348

Nataliya Popovici – **English cantor**

Advisor: Gloria Tolopka (631) 667-6483

Web Page: www.holyfamilyucc.com

Sunday Divine Liturgies: 9:00 am - English / 10:15 am - Ukrainian

Weekday Divine Liturgies: 8:00 am or 9:00 am or 7:00 pm

Holy Days Liturgy: 9:00 am or Previous Day at 7:00 pm

No. 43/17

CHURCH BULLETIN – ЦЕРКОВНИЙ ВІСНИК

November 5, 2017 / Листопад 5, 2017

DIVINE LITURGIES SCHEDULE:

November 5, 2017, 22nd Sunday after Pentecost. *The Holy Martyr Galaction.*

Tone 5: Epistle: Galatians 6:11 – 18. / **Gospel:** Luke 8:41 – 56.

9:00 am – Pro Populo – English.

10:15 am – (✠ Anna, Fedir, Domenika, Dmytro, Stefania, Petro, req. Mariya Dankova) - **Ukrainian.**

12:00 Noon -Special Divine Liturgy for children and youth– E./U.

Sanctuary Candle: This week Sanctuary Candle is lit in
✠ **Memory of the unborn baby victims of abortion,** req. Family

Monday, November 6, 2017 – *Our Holy Father Paul.*

7:00 p.m. – God's Blessing upon all (Special Intention),

req. by Mother in Prayer

Tuesday, November 7, 2017 – *The Thirty – three Holy Martyrs of Militene (284).*

9:00 a.m. – ✠ All Deceased Members (Special Intention),
req. by Mothers in Prayer

Wednesday, November 8, 2017 – *Synaxis of the Archangel Michael and the Others Bodiless Powers of Heaven.*

Note: It's a Holy Day.

9:00 am – Pro Populo – English.

7:00 p.m. – Pro Populo – Ukrainian.

8:00 p.m. - Bible Study (Reading, Explanation, etc) – Ukr.

Thursday, November 9, 2017 – *The Holy Martyrs Onisiphorus and Porphyry.*

7:00 p.m. – ✠ Francesca Tomeo {2nd Anniv.}, req. Peter Tomeo

Friday, November 10, 2017 – *The Holy Apostle Erastus, Olympus, Rodion and Those with Them.*

9:00 a.m. – ✠ 40th day for Ted Horyczun/Panakhya, req. Family

Saturday, November 11, 2017 – *The Holy Martyrs Menas, Victor and Vincent.*

6:00 p.m. – Vespers (Вечірня)

7:00 p.m. – ✠ Hanna /Panakhya/ {3rd Anniv.},

req. Andriy Fostakovskyy

November 12, 2017, 23rd Sunday after Pentecost. *The Holy Priest – Martyr Josaphat of Polotsk (1623)*

9:00 am – Pro Populo – English.

10:15 am – (God's Blessing upon Ihor, Nadiya, Andriy, Volodymyr & Family, req. Nadiya Koretska) - **Ukrainian.**

Confessions: Can be heard by appointment daily and on Sundays before or after the Divine Liturgy.

Baptism and Chrismation: By appointment. Sponsors must be practicing

Catholics.

Marriage: Please contact the Pastor at least six (6) months in advance.

Attendance at pre - Cana is required.

Ukrainian Culture School will be held Every Saturday from 9:15 am until 1:35 p.m. For more information please call the Rectory or contact the Director, Mr. Roman Vaskiv at (631) 225 -1203 or visit our Facebook:

<https://www.facebook.com/HFUkrainianSchool>.

Ukrainian Cultural Dances for children ages 5 to 12 are provided by Mr. Gregory Momot and Khrystyna Momot of Paramus, NJ, every Saturday, by groups: ages (5 – 9) 1:40 p.m. – 2:25 p.m.; ages (10 – 14) 2:25 p.m. – 3:55p.m.; ages (15 – 19) 3:55 p.m. – 5:25 p.m.

Religious Education: Classes for religious education will resume on September 18, 2017 and will be held every Monday from 5:00 p.m. until 5:55 p.m./6:00 p.m. – 6:55 p.m. Please contact the rectory for further information.

Ministry to the Sick: Rev. Popovici will make visits to the sick on the first Friday of the month. It is the responsibility of an immediate family member to kindly notify Rev. Popovici at the Rectory office about any sick or aged individual who is hospitalized or confined at home or in a nursing home, and he will gladly visit and administer the sacraments. In case of emergencies please call any time.

Pray the Rosary: The Apostleship of Prayer requests members and parishioners pray the Rosary on the **First Sunday** of each month, beginning 20 minutes before Divine Liturgy. The Rosary Society requests members and parishioners pray the Rosary on the **Third Sunday** of the Month beginning at 10:00 a.m. before Ukrainian Divine Liturgy.

Mothers in Prayer: Next prayer group will be held on **December 1, 2017 at 8:00 p.m.**

St. Joseph's Men's Prayer: group will be held every Thursday at 8:00 p.m.

Rectory Office Hours: Tuesday - Friday: 9:00 am to 5:00 pm; Saturday: 10:00 am – 2:00 pm; Evenings by appointment. **Attention: Monday** is a free day for the priest. In case of an emergency, please call at any time.

Divine Liturgy: Dear Parishioners! Remember your faith; please come every Sunday and Holy Days to Church.

Divine Liturgy for Children: Special Divine Liturgy (English/Ukrainian language) for family/children will be held today **Sunday November 5, 2017 at 12:00 Noon.** All parents are requested to bring their children to church to celebrate the Holy Divine Liturgy.

Sunday Bulletin Deadline: Notices should be phoned in or brought to the Parish Office **NO LATER** than 12:00 noon on the Friday prior to the Sunday of publication.

Bequests: In making out your will, kindly remember your church. Holy Family Ukrainian Catholic Church of Lindenhurst, N.Y. is our legal title.

New Parishioners: Welcome to Holy Family Church! To all who are tired and need rest, to all who mourn and need comfort, to all who are friendless and need friendship, to all who are discouraged and need hope, to all who are hopeless and need sheltering love, to all who sin and need a Savior, this Church opens wide its doors in the name of the Lord Jesus Christ. Please stop by the Rectory to introduce yourselves and register. We look forward to meeting you.

Change in address or telephone? Parishioners, kindly provide the rectory with your new address and telephone numbers as soon as possible.

Sunday Collection – October 29, 2017.

"Give to the Most High as He has given to you, generously, for the Lord is one who always repays, and He will give back to you sevenfold." (Sir. 35: 9 – 10).

Candles: \$190, Tetrapod: \$7, Annual Support: \$475, Coffee: \$147, Mission/Ukraine: \$65, Church Debt: \$10, World Mission: \$15, Pyrohy: \$202,

Pledge: \$25.00, Sunday Offering: \$1,023.00, Total - \$2,159.00.

Dear Parishioners: Sincere thanks for the offerings made on Sunday, October 29, 2017. May God bless you all for your generosity.

Our Prayer: Please remember all those parishioners who are ill or elderly within your families. They are part of our parish and need to receive Jesus in the Holy Sacraments of Confession and Communion. To schedule a visit by the priest, please call the rectory for an appointment.

Attention: To all who celebrate their birthday during the months of **November**, our best wishes and many happy healthy years! Mnohaya Lita and God's Blessing.

Our Church News:**1. Upcoming events:**

A. Dear Parishioners, we would like to invite you to take part in our Parish Council meeting, which will be held on Tuesday, November 7, 2017 at 7:15 p.m. **Note: If 55% of the members are present at the meeting, any decision made at the meeting is valid for the benefit and life of our Church.**

B. Twelfth Annual Thanksgiving Luncheon sponsored by the Parish. All parishioners are invited on **Sunday November 26, 2017 after both Divine Liturgies.** This is an opportunity to share a meal as a parish family. Adults \$6 and youth (ages 11-16) \$3. This charge is to cover our expenses.

C. November collections: Regular church cleaning: The next free will donations will be collected on **November 19, 2017.**

D. NEW YEAR'S EVE DANCE, "ZABAVA" – 2017/2018 Sponsored by Our Parish, Sunday, December 31, 2017 starts at 9:00 p.m. **Live music provided by band "Zemlyaky". More information is attached to our Church bulletin.**

2. We wish to express our sincere thanks to:

A. Mr. Andriy Fostakovskyy, Mr. Taras Borykailo and Mr. Thomas Laraia who recently volunteered to perform needed work in our church, parish center and rectory office.

B. Two anonymous parish families who donated \$100.00 each for the needs of our Church.

May God bless all those who volunteered or made donations and may He reward you with His choicest Blessings.

3. Gifts for Orphanages: Dear Parishioners!

We have received donations from the following parishioners:

Mr. Andrew Steszyn - \$250; Mothers in Prayer (Lindenhurst) - \$100; M/M Thomas Laraia - \$25; Mr. Peter Tomeo - \$15; M/M Myroslav Sabadylo - \$10. May God reward you with choicest blessings!

6. Outreach Program for the Thanksgiving Holiday. The Apostleship of Prayer/Rosary Society is again sponsoring this drive for the needy in our community. However, **we will only collect grocery store gift cards or cash donations.** Please put all donations in an envelope separate from your weekly parish donation. Mark the envelope as "Outreach Program" with your name. (You can also donate anonymously if you wish.) All cash donations will be used to purchase grocery store gift cards. **We will accept donations through November 20, 2017.** M/M Ihor & Olesia Warywoda are in

charge of this Program. **We have received a donation from the following parishioners: Anonymous - \$200.00; Mothers in Prayer (Lindenhurst) - \$100.00.** May God reward you with choicest blessings! **7. We have for sale pyrohy with potatoes, meat and cheese – \$6.00 per dozen.** All proceeds go to our church. This is a fund raiser.

Parish Registration: Registration means "completing a census card". Unless you have registered, we have no record of your presence in our parish. If you get no mail from the rectory, you can conclude you have not registered. Please stop at the rectory at your convenience, during regular rectory hours, and complete a census card. Please also consider using the weekly envelopes, which you can order at the same time. For those who do not choose to use envelopes, we have no record of contributions and can give no end-of-year statement regarding contributions.

Dear Parishioners: In light of world events, let us pray more every day for God's forgiveness and mercy and for His guidance.

POWERS OF HEAVEN - Commemorated on November 8th – From the Prologue of St. Nikolai Velimirovich

The angels of God were celebrated by men from earliest times but this celebration was often turned into the divinization of angels (II Kings 23:5). The heretics wove all sorts of fables concerning the angels. Some of them looked upon angels as gods; others, although they did not consider them gods, called them the creators of the whole visible world. The local Council of Laodicea (four or five years before the First Ecumenical Council) rejected the worship of angels as gods and established the proper veneration of angels in its Thirty-fifth Canon. In the fourth century, during the time of Sylvester, Pope of Rome, and Alexander, Patriarch of Alexandria, the present **Feast of Archangel Michael** and all the other heavenly powers was instituted for celebration in the month of November. Why precisely in November? Because November is the ninth month after March, and March is considered to be the month in which the world was created. Also, as the ninth month after March, November was chosen for the nine orders of angels who were created first. St. Dionysius the Areopagite, a disciple of the Apostle Paul (who was taken up into the third heaven), described these nine orders of angels in his book, On the Celestial Hierarchies, as follows: six-winged Seraphim, many-eyed Cherubim, God-bearing Thrones, Dominions, Powers, Virtues, Principalities, Archangels, and Angels. The leader of all the angelic hosts is the Archangel Michael. When Satan, Lucifer, fell away from God and drew a part of the angels with him to destruction, then Michael stood up and cried out before the faithful angels: "Let us attend! Let us stand aright! Let us stand with fear!" and all of the faithful angelic heavenly hosts cried out: "Holy! Holy! Holy! Lord God of Sabaoth! Heaven and earth are full of Thy glory!" Concerning the Archangel Michael, see Joshua 5:13-15 and Jude 1:9. Among the angels there reigns perfect oneness of mind, oneness of soul, and love. The lower orders also show complete obedience to the higher orders, and all of them together to the holy will of God. Every nation has its guardian angel, as does every Christian. We must always remember that whatever we do, in open or in secret, we do in the presence of our guardian angel. On the day of the Dread Judgment, the multitude of the hosts of the holy angels of heaven will gather around the throne of Christ, and the deeds, words, and thoughts of every man will be revealed before all. May God have mercy on us and save us by the prayers of the Archangel Michael and all the bodiless heavenly powers.

Scripture Provides Guidelines:

- Whatever we give, we should never boast about it, as we see in Mat. 6: 1 - 4.
- We should give regularly and consistently. St. Paul tells the faithful of Corinth to "put something aside... on the first day of every week" for the Church [1 Corinthians. 16:2]

• We should give cheerfully. St. Paul keenly illustrates this point when he writes, "The point is this: he who sows bountifully will also reap bountifully.

Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver" [2 Corinthians. 9: 6 - 7].

Please Note: *Why do we take part in Processions in church?*

Answer: Processions are a way to demonstrate devotion and faith. For example, May processions are a way Catholics honor the Blessed Mother.

Question: *Why is the Feast of Saints Peter and Paul celebrated on the same day?*

Answer: The Feast of Saints Peter and Paul is celebrated on June 29th (Gregorian Calendar) and July 12 (Julian Calendar) and is a Holyday of Obligation in the Ukrainian Catholic Rite. Their feasts are celebrated on the same day since they both had a very pivotal role in the foundation of the early church. Accordingly, they are also known as the "Leaders of the Apostles".

Question: *What does the procession on Good Friday signify?*

Answer: The procession on Good Friday with the Plaschanytsia (i.e. the Holy Shroud) symbolizes Jesus' journey from the Crucifixion on Calvary to the tomb on Good Friday.

Question: *What does a nun primarily do?*

Answer: A nun's primary focus is to praise God. Another key focus of a nun is to pray for people. As a nun recently told our parish "With the numerous monasteries around the world, there is someone praising God every second of every day."

Question: *Is there a difference between a nun and a sister?*

Answer: Although the terms are often used interchangeably by laity, there is a distinct difference between a Catholic nun and a Catholic sister. A Catholic nun is a woman who lives in a monastery -- which is usually cloistered. Thus, a nun is typically separated from the "outside world". A Catholic sister is a woman who lives, prays and provides ministry "out in the world". It should be noted that both nuns and sisters are addressed as "Sister".

Question: *When did the Blessed Mother first appear at Fatima?*

Answer: The Blessed Mother first appeared in Fatima, Portugal, to three children, who were tending sheep during 1917. The Blessed Mother identified herself as "Our Lady of the Rosary" and implored the faithful to pray, especially the rosary, for the conversion of sinners and the consecration of Russia to her Immaculate Heart.

Question: *Who was the first American born saint?*

Answer: Elizabeth Ann Seton was the first American born canonized a saint. She was born in 1774 and died in 1821. She was born into a prominent Episcopalian family but converted to Catholicism in 1805. Elizabeth was married and had five children. She was widowed in 1803. Mother Seton opened the first American Catholic school in Baltimore in 1808. She is known as the "foundress of the Catholic school system in the USA". She also established the Sisters of Charity in Emmitsburg, Maryland in 1809. The Sisters of Charity opened numerous schools and orphanages.

Question: *I attended a Ukrainian Catholic pilgrimage in Sloatsburg, NY during the summer. Which order of Sisters ran that pilgrimage?*

Answer: The Sisters Servants of Mary Immaculate have hosted the Holy Dormition Pilgrimage at St. Mary's Villa in Sloatsburg, NY since August 14, 1955. On that day over 3,000 pilgrims took part in the devotion to the Blessed Mother. Each August since then, thousands of faithful continue to gather for a Pontifical Divine Liturgy, confessions, prayer services, youth discussions and reflections at

the Our Lady of Lourdes grotto and the outdoor Way of the Cross. Being Catholic, you will recognize the Dormition of the Mother of God holyday as the feast of the Assumption. The order of the Sisters Servants of Mary Immaculate was founded by Sister Josaphata Hordashevskia in Zhuzhel, Halychyna (Galicia), western Ukraine on August 27, 1892 which was the feast of the Dormition of the Mother of God.

THE ICON CORNER – THE HEART OF THE FAMILY CHURCH

Every Sunday, feast day and other holy day, when we go into our parish church, we see the heart of the parish which is the sanctuary, where the Holy Table is. When we go into a Christian home, we hope to see the heart of the family, which is the icon corner. Just like the sanctuary is the heart of the parish church, the icon corner is the heart of the family church. In the parish church, the parish family prays together before the sanctuary and the iconostas; in the family church, the family prays together before the icon corner. What is an icon corner? An icon corner is a shelf or table or cabinet, where icons are placed and where a lamp is kept burning. Many people have icons of Jesus Christ, the Theotokos and icons of the patron saints of the family members. There are many ways to set up the icons and the important thing is just to do it. The icon corner doesn't have to be a corner; it can be a wall or other place in the house where the family can go to pray. It is best if the icon corner faces the east, to remind us of the second coming of Jesus Christ. Besides the icons and the lamp, it is traditional for pious Christian people to keep a Bible and prayer book, holy water, and blessed bread from church. holy oil, the palms or willows from Palm Sunday, and other holy things from the services of the church year. The icon corner can be very simple or very fancy but the main thing is that the icon corner is not just a decoration for the house but that it is the heart of the family and that the family uses it. In many pious Christian homes, the icon corner is arranged so that it can actually be used for celebrating the Divine Liturgy, if the priest needs to do this. This reminds us of the history of our Faith and that we must always be ready for times when the churches suffer from those who are not believers. If you do not have an icon corner, ask your priest to help you start one in your home. Members of the family can use it at any time. If you are not able to read the prayers from the prayer book because there is not enough time, then, at least go to the icon corner and ask for God's blessing before beginning whatever it is that you are doing. Try to begin each day by going to the icon corner and reading the prayers from the prayer book for the morning, take some holy bread and holy water. In this way, you are getting God's blessing for the new day. If you cannot read the prayers for some reason, still go to the icon corner, make the sign of the cross and take the holy bread and holy water, still asking God to bless the new day. Many people have seen the icon corner make a big difference in their home. When you see the lamp burning, you will remember that God is always near and that the saints are always praying for your family. When you use the icon corner every day, you will see that God is kept close to your heart and mind and this will help you to be closer to Him and His Faith.

Reflection on St. Gregory : St. Gregory Palamas learned much through heavenly revelations. After he had spent three years in stillness in a cell of the Great Lavra, it was necessary for him to go out among men and benefit them with his accumulated knowledge and experience. God revealed this necessity to him through an extraordinary vision: One day, as though in a light sleep, Gregory saw himself holding a vessel in his hand full to overflowing with milk. Gradually, the milk turned into wine which likewise spilled over the rim, and drenched his hands and garments. Then a radiant youth appeared and said: "Why would you not give others of this wonderful drink that you are wasting so carelessly, or are you not aware that this is the gift of God's grace?" To this Gregory replied: "But if there is no one in our time who feels the need for such a drink, to whom shall I give it?" Then the youth said: "Whether there are some or whether there are none thirsty for such a drink, you are obligated to fulfill your debt and not neglect the gift of God." Gregory interpreted the milk as the common knowledge (of the masses) of moral life and conduct, and the wine as dogmatic teaching. The second time Gregory secluded himself in a monastery he was writing his Principles of Orthodoxy. On the eve of the Feast of St. Anthony the Great, the monks summoned him to the all-night vigil service, but he remained at his work in the cell while all the brethren went to church. St. Anthony suddenly appeared to him and said: "Perfect stillness is good, but sometimes it is necessary to be with the brethren." Convinced by this revelation, Gregory immediately went into church to the joy of all the monks.

The Sinners Repentance: Can a sinner, in the space of ten days, make full repentance of his sins? By the immeasurable grace of God, he can. In the time of Emperor Maurice, there was a well-known bandit in the region around Constantinople. Both in the countryside and in the capital itself, he inspired fear and trembling. Then the Emperor himself sent him a cross, as a pledge that he would not punish him if he gave himself up. The bandit took the cross, and did indeed give himself up. Arriving in Constantinople, he fell at the Emperor's feet and begged his forgiveness. The emperor kept his word, had mercy on him and let him go free. Immediately after that, the bandit fell gravely ill and sensed that death was near. He began to repent bitterly of all his sins, and implored God with tears to forgive him as the Emperor had. He shed many tears in his prayer, so that the handkerchief with which he wiped them became soaked, and he died after ten days of prayerful weeping. The night of his death, the doctor who had been attending to him had a strange vision in a dream: When the bandit on the bed breathed his last, a number of little black men gathered around him, flourishing bits of paper on which his sins were written, and two glorious angels also appeared. A scale was placed between them, and the little black men gleefully put all the bits of paper on it, so their side of the scale was loaded, while the other was empty. "What can we put in?" the angels asked each other. "Let's look for something good in his life." Then there appeared in the hand of one of the angels the handkerchief soaked with tears of repentance. The angels quickly placed it on their side of the scale, and it at once outweighed the other with all the papers. Then the little black men fled, howling in anguish, but the angels took the man's soul and carried it to Paradise, glorifying God's love for mankind.

ON CONFESSION – "DO NOT LOOK BACK": Through the forgiveness of sins in confession, the past is no longer an intolerable burden but rather an encouragement for what lies ahead. Life

acquires an attitude of expectation, not of despondency; and confession becomes the way out of the impasse caused by sin. In this respect, repentance is also an eschatological act, realizing in our very midst, here and now, the promises of the age to come. Looking backwards would seem to imply the fate of Lot's wife (Genesis 19:26); "No one who puts his hand to the plow and looks back is fit for the kingdom of God" (Luke 9:62). God Himself is revealed before us and walks in front of us. "One thing I do, forgetting what lies behind and straining forward to what lies ahead" (Phil. 3:13).

THE FEAR FACTOR AND CONFESSION: From the Counsels of St. Theophan the Recluse There are some people who fear Confession. But why? The priest is merely a witness, the Lord forgives the sins. It is He who commands the priest to give absolution to the person who confesses. It is the Lord who is merciful. He is just waiting for a person to confess his sins, and as soon as he does, the Lord immediately forgives him. What is there to fear from such a Lord?

GOD, OUR TEACHER: According to an old story, it was a cold December day in New York City. A little boy about 10 years old was standing before a shoe store on Broadway wearing exceptionally old, dirty shoes, peering through the window, shivering with cold. A lady approached the boy and said, "My little fellow, why are you looking so earnestly in that window?" "I was asking God to give me a pair of shoes," was the boy's reply. The lady took him by the hand and went into the store, and asked the clerk to get a half dozen pairs of socks for the boy. She then asked if he could give her a basin of water and a towel. He quickly brought them to her. She took the little fellow to the back part of the store and, removing her gloves, knelt down, washed his little feet, and dried them with a towel. By this time the clerk had returned with the socks. Placing a pair upon the boy's feet, she then purchased him a pair of shoes, and tying up the remaining pairs of socks, gave them to him. She patted him on the head and said, "No doubt, my little fellow, you feel more comfortable now?" As she turned to go, the astonished lad caught her by the hand, and looking up in her face, with tears in his eyes, answered the question with these words: "Are you God's wife?" Neither you nor I are "God's wife." But, we are in-deed His children. Matthew 25:40 tells us "And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me." How do those around you see you today?

TO CONQUER THE ENEMY IS TO CONQUER OURSELVES *By St. Leo the Great (†461)*

In the days of Saul and David, it was when the Israelites fell into sin that the Lord allowed the Philistines to oppress them. In order to regain their ascendancy over their enemies, the people were ordered to fast. The Israelites understood that there was no use for them to try to win their freedom by taking up arms; they first had to rid themselves of their sins. So they began to discipline themselves and to conquer the desire of the flesh to be able to conquer their opponents. When they fasted their oppressors gave way before them, when they indulged all their appetites the enemy held them in subjection. It is the same with us today. We have our own struggles and conflicts, and we can win by using the same tactics. The Israelites were attacked by human beings; we are attacked by spiritual enemies. We can conquer by bringing our lives into line with God's will for us; then our enemies will give way before us. It is not

their power but our lack of self-discipline that makes a threat to us, and we shall weaken them by overcoming ourselves. We must ask God's help in this warfare, because our only means of conquering the enemy is to conquer ourselves.
