

Українська Католицька Церква Св.Родина

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Holy Family Ukrainian Catholic Church

225 N. 4th St., Lindenhurst, NY 11757

Pastor: Fr. Olvian Nicolae Popovici

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Trustees: Silvia Smith (516) 712 - 5526

Nadiya Moskalyuk (631) 579-1519

Choir Director: Iryna Popovych 943-3348

Nataliya Popovici – English cantor

Web Page: www.holyfamilyucc.com

Sunday Divine Liturgies: 9:00 am - English / 10:15 am - Ukrainian

Weekday Divine Liturgies: 8:00 am or 9:00 am or 7:00 pm

Holy Days Liturgy: 9:00 am or Previous Day at 7:00 pm

No. 10/19

CHURCH BULLETIN – ЦЕРКОВНИЙ ВІСНИК

March 10, 2019 / Березень 10, 2019

DIVINE LITURGIES SCHEDULE:

1st Sunday of the Great Fast (Orthodoxy), March 10, 2019. *Eutropius & Others Martyrs.*

Tone 1: Epistle: Hebrew 11:24-26; 32-40; 12:1-2. / Gospel: John 1:43-51.

Note: Divine Liturgy of St. Basil the Great.

9:00 a.m. – Pro Populo– English

10:15 a.m. – (✙) Andriy Shypak, req. Tetyana Tsybala) – Ukrainian.

12:00 Noon - Special Divine Liturgy for children/family – E. /U.

Note: This week's Sanctuary Candle Light for God's Blessing upon Moskalyuk Family, req. Nadiya Moskalyuk

7:00 p.m. – Forgiveness Vespers – Ukrainian.

Monday, March 11, 2019. *Our Holy Father Sophronius.*

Liturgical day week, Divine Liturgy of John Chrisostom is not prescribed.

9:00 a.m. – Akathistos to the Passion of Christ.

Tuesday, March 12, 2019. *Our Venerable Father and Confessor Theophanes of Sigrana.*

7:00 p.m. – Great Compline - Ukrainian

Wednesday, March 13, 2019. *The Transfer of the Relics of Our Holy Father Nicephorus.*

7:00 p.m. - Liturgy of the Presanctified Gifts – E/U

Thursday, March 14, 2019. *Our Venerable Father Benedict of Nursia.*

7:00 p.m. – 8:00 p.m. – Reading of the Holy Bible (New Testament)

Friday, March 15, 2019. *The Holy Martyr Agapius and the Six Martyrs with Him.*

9:00 a.m. - Holy Cross of the Way – English

7:00 p.m. – Holy Cross of the Way / Хресна Дорога – Ukrainian.

All Souls Saturday, March 16, 2019 – *The Holy Martyrs Sabinus and Papas.*

8:00 a.m. – ✙ Divine Liturgy for all the deceased followed by Panakhyda (Sorokousty) {2} – E/U.

6:00 p.m. – Vespers (Вечірня)

7:00 p.m. – ✙ Omelan Steszyn, req. Peter Steszyn

2nd Sunday of the Great Fast. Commemoration of St. Gregory Palamas.

March 17, 2019. *Our Venerable Alexis, Man of God.*

9:00 a.m. – Pro Populo– English

10:15 a.m. – God's Blessing upon Nataliya, Andreea, Andrew & Popovici Family; God's Blessing upon Nadiya & Moskalyuk Family; God's Blessing upon Vadym & Zakharyuk Family, req. Nadiya Moskalyuk; Nataliya Popovici and Olena Yakubovska) – Ukrainian.

Confessions: Can be heard by appointment daily and on Sundays before or after the Divine Liturgy.

Baptism and Chrismation: By appointment. Sponsors must be practicing Catholics.

Marriage: Please contact the Pastor at least six (6) months in advance.

Attendance at pre - Cana is required.

Ukrainian Culture School will be held Every Saturday from 9:15 am until 1:35 p.m. For more information please call the Rectory or contact the Director, Mr. Roman Vaskiv at (631) 225 -1203 or visit our Facebook:

<https://www.facebook.com/HFUkrainianSchool>.

Ukrainian Cultural Dances for children ages 5 to 12 are provided by Mr. Gregory Momot and Khrystyna Momot of Paramus, NJ, every Saturday, by groups: ages (6 – 9) 1:40 p.m. – 2:40 p.m.; ages (10 – 14) 2:40 p.m. – 4:10 p.m.; ages (15 – 19) 4:10 p.m. – 5:40 p.m.

Religious Education: Classes for religious education will be held every Monday from 5:00 p.m. until 5:55 p.m./6:00 p.m. – 6:55 p.m. Please contact the rectory for further information.

Ministry to the Sick: Father Popovici will make visits to the sick on the first Friday of the month. It is the responsibility of an immediate family member to kindly notify Rev. Popovici at the Rectory office about any sick or aged individual who is hospitalized or confined at home or in a nursing home, and he will gladly visit and administer the sacraments. In case of emergencies please call any time.

Pray the Rosary: The Apostleship of Prayer requests members and parishioners pray the Rosary on the **First Sunday** of each month, beginning 20 minutes before Divine Liturgy. The Rosary Society requests members and parishioners pray the Rosary on the **Third Sunday** of the Month beginning at 10:00 a.m. before Ukrainian Divine Liturgy.

Mothers in Prayer: Next prayer group will be held on **April 5, 2019 at 8:15 p.m.**

Rectory Office Hours: Tuesday - Friday: 9:00 am to 5:00 pm; Saturday: 10:00 am – 2:00 pm; Evenings by appointment. **Attention:** Monday is a free day for the priest. In case of an emergency, please call at any time.

Divine Liturgy: Dear Parishioners! Remember your faith; please come every Sunday and Holy Days to Church.

Divine Liturgy for Children: Special Divine Liturgy (English/Ukrainian language) for family/children will be on **Sunday, March 10, 2019 at 12:00 Noon.** All parents are requested to bring their children to church to celebrate the Holy Divine Liturgy.

Sunday Bulletin Deadline: Notices should be phoned in or brought to the Parish Office **NO LATER** than 12:00 noon on the Friday prior to the Sunday of publication.

Bequests: In making out your will, kindly remember your church. Holy Family Ukrainian Catholic Church of Lindenhurst, N.Y. is our legal title.

New Parishioners: Welcome to Holy Family Church! To all who are tired and need rest, to all who mourn and need comfort, to all who are friendless and need friendship, to all who are discouraged and need hope, to all who are hopeless and need sheltering love, to all who sin and need a Savior, this Church opens wide its doors in the name of the Lord Jesus Christ. Please stop by the Rectory to introduce yourselves and register. We look forward to meeting you.

Change in address or telephone? Parishioners, kindly provide the rectory with your new address and telephone numbers as soon as possible.

Parishioners and guests: after each Divine Liturgy, coffee, rolls, & cakes are served in the Parish Center for a donation of \$3.00 per person.

Sunday Collection – March 3, 2019.

“Give to the Most High as He has given to you, generously, for the Lord is one who always repays, and He will give back to you sevenfold.” (Sir. 35: 9 – 10).

Candles: \$220, Tetrapod: \$4, Church Debt: \$25, **Donation: \$650**, Pyrohy: \$18, Sundry: \$150, Sanctuary Light: \$15, Sower: \$5, Annual Support: \$50, Andrew's Pence: \$5, Coffee: \$145, **Pledge: \$650.00, Sunday Offering: \$1,193.00, Total - \$3,132.00.**

Dear Parishioners: *Sincere thanks for the offerings made on Sunday, March 3rd, 2019. May God bless you all for your generosity.*

Our Prayer: *Please remember all those parishioners who are ill or elderly within your families. They are part of our parish and need to receive Jesus in the Holy Sacraments of Confession and Communion. To schedule a visit by the priest, please call the rectory for an appointment.*

Attention: *To all who celebrate their birthday during the month of March 2019 our best wishes and many happy healthy years! Mnohaya Lita and God's Blessing.*

Our Church News:

1. We welcome Family M/M Serhii & Mariana and their new born son Demian who recently became members of our parish community.

2. Congratulations were extended to Demian Zhmudzynski, son of Serhii & Mariana Zhmudzynski, who received the Sacraments of Baptism, Chrismation and First Holy Eucharist on Saturday, March 9, 2019 at 1:45 p.m.

3. Upcoming events:

A. March collections: *a. the Month of March includes the following special collections:* Church in Need, Rice Bowl, Poor, Easter Flowers, Collection for the Missionary Priest and Holy Land. There are special envelopes in your boxed envelopes. This is for Churches in Ukraine that need our support. Our donations help to build churches and support the faith in Ukraine and other countries.

B. SPECIAL LENTEN COLLECTION: *Rice Bowl and Poor Collection.* Containers may be found in our vestibule and beside the Tetrapod.

C. Regular church cleaning: The next voluntary second collection will be collected on Sunday, March 17, 2019.

D. Due to our Lenten Sorokousty Services the next Divine Liturgy for the deceased will be on May 18, 2019.

4. Outreach program for the Easter Season:

A. Please be as generous as possible for the needy in our community. Items needed are: canned vegetables, fruit juice, gravy, coffee, tea, tuna fish, baked beans, pasta sauce, etc. Please bring your items to the church vestibule no later than April 22nd, 2019. Also, we will gratefully accept cash donations toward the purchase of items for the Easter baskets.

B. The Members of the Rosary Society are asking parishioners to bring children's clothes and shoes (ages 2–14), snacks, candies or a monetary offering to help ship packages to the orphanage in Ukraine. Our funds are very limited so we rely on your special donations. Thank you, in advance, for your attention and donation.

5. We wish to express our sincere thanks to:

a. the following families from our Parish who made an extra donation for the needs of our Church: M/M Mychailo & Mariya Shafranski - \$250.00 to sponsor a new chalice set purchased from Ukraine; M/M Slawomir & Helen Samilo - \$200.00 to defray the cost of some extra expenses for our Church; M/M Yaroslav & Yaroslava Rybiy - \$200.00 to defray part of the cost to restore a crucifix which was damaged in our coffee room.

b. M/M Oleksandr & Iryna Prystash who volunteered to go to some bakeries and ask for donations for our fundraising needs. And were

able to obtain 30 boxes of rolls from a Ronkonkoma bakery for our Sunday coffee gatherings after liturgy.

c. Mrs. Nadiya Moskalyuk, Mrs. Iryna Popovych, Mrs. Olena Yakubovska, Mrs. Nataliya Antoniv, Mrs. Yaroslava Klymovets and Mrs. Nataliya Popovici who this past weeks gathered together and volunteered to prepare boxes of clothes and other items which will shortly be sent to the orphanages in Ukraine.

May God bless all those who volunteered or made other donations and may He reward you with His choicest Blessings.

6. We have a variety of **pyrohy** for sale, (separate container of onions included). The cost for one dozen is \$6.00. All proceeds go to our parish. This is a fundraiser.

Pilgrimage - 11 Day France: October 6 – 17, 2019.

Paris - Versailles- Senlis- Amiens- Saulx les Chartreux-Mon-Sen-Michel-Rennes - Bordeaux-Lourdes-Rocamadour-Nevers-Paris.

Dear Parishioners: Our fourth parish pilgrimage is planned for France and is scheduled from October 6 - 17, 2017. A minimum of 30 seats are required to hold this pilgrimage. **The sign up deadline is May 1, 2019 and ALL payments for accommodations must be made by June 10, 2019.** Join us on a ten day spiritual journey focusing on the life and times of certain saints and Holy Places. We invite you, not just on another trip, but a spiritual journey you will never forget. **For more information ask Fr. Popovici or see the attached flyer.**

Lenten Prayer of St. Ephrem

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience, and love to Thy servant. Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.

Integrating the Prayer of St. Ephraim into Family Life

The Prayer of St. Ephraim can be a beautiful addition to your family's Lenten discipline. I encourage you to make it part of your Evening Prayers each night. In each family, evening prayers might look like this:

-Must pray the Trisagion Prayers concluding with the Lord's Prayer together as a family

- youngest children (ages 2 to 5) pray "Lord have mercy" on various family members

- oldest children (age 6 and...) prays the Jesus Prayer ("Lord Jesus Christ, Son of God, have mercy on me a sinner.") and then prays for others

- The Couple should pray for parishioners and other people who've asked for prayers.

- To conclude with the Prayer of St. Ephraim and sing "Having Suffered the Passion for Us"

Altogether, this entire prayer time is less than 15 minutes and (generally!) holds the attention of all of children. The kids really enjoy doing the prostrations and manage to learn the Prayer of St. Ephraim by the end of Lent.

Have a blessed Great Lent.

Prayer Reminder: Please remember God created each of us to know Him, to love Him and to obey Him. Knowledge precedes love. We cannot love that which we do not know. Through diligent and thoughtful prayer, we receive the Graces necessary to know God and to be worthy of His great love for us. Jesus taught that if we deny God the love and honor due Him, He will deny us before His Father at the Seat of Judgment. Jesus waits for us in the tabernacle. You are invited to pray in our church or at home to be united with us in prayer at 9:00 pm every evening. It is hoped that at least one parish family will pray in church each evening. Those who remain home or who are otherwise occupied should remember to pray at about the same time each evening so that we may make our supplication to God together

Explanation of Lenten Services

Forgiveness Vespers - The Period of Great and Holy Lent began on Monday, March 4, 2019, a day called Clean Monday, or "Kathara Deftera" in Greek. Vespers is the service that ends one day and begins another, so Lent actually began with a Vespers service on Sunday afternoon, March 3. This service lasts about an hour and marks the beginning of Great Lent, which is announced during one of the hymns mid-way through the service. During this hymn, the priest changes vestments from white to purple, the lights in the church are dimmed and the mood of the service becomes somber. In fact, it is the opposite of the Resurrection Service on Easter, where everything begins in darkness and changes to light. The service concludes with a prayer of forgiveness being read over the congregation and the exchange of mutual forgiveness among the members of the congregation. This service is an especially appropriate way to begin the Lenten season, and for those who attended last season, is one of the most moving services of the church year.

Canon of St. Andrew—The Penitential Canon of St. Andrew must be read from Monday, March 4th through Thursday March 7th as we begin Great Lent. The Canon, in its entirety, takes hours to read.

The service of the **Great Compline** will be read each Tuesday at 7:00 p.m. This service lasts about an hour and consists of Psalms and hymns of repentance. **Service Books for this service will be available in our Church both languages.** The **Divine Liturgy of the Pre-Sanctified Gifts (also called Pre-Sanctified Liturgy)** will be held on the Wednesdays at 9:00 a.m. or 7:00 p.m. This service consists of Vespers with Holy Communion added at the end from Communion that was "Pre-Sanctified" the previous Sunday. It is an opportunity to receive Communion frequently during the season of fasting.

Lenten Fasting: A special word must be said about fasting during lent. Generally speaking, fasting is an essential element of the Christian life. Christ fasted and taught men to fast. Blessed fasting is done in secret, without ostentation or accusation of others (Mt 6.16; Rom 14). It has as its goal the purification of our lives, the liberation of our souls and bodies from sin, the strengthening of our human powers of love for God and man, the enlightening of our entire being for communion with the Blessed Trinity. The old Eastern rules for Lenten fasting were the monastic rules. No meats were allowed after Meatfare Sunday, and no eggs or dairy products after Cheesefare Sunday. These rules exist not as a Pharisaic "burden too hard to bear" (Lk 11.46), but as an ideal to be striven for; not as an end in themselves, but as a means to spiritual perfection crowned in love. The Lenten services themselves continually remind us of this. *Let us fast with a fast pleasing to the Lord. This is the true fast: the casting off of evil, the bridling of the tongue, the cutting off of anger, the cessation of lusts, evil talking, lies and cursing. The stopping of these is the fast true and acceptable* (Monday Vespers of the First Week). The Lenten services also make the undeniable point that we should not pride ourselves with external fasting since the devil also never eats! The ascetic fast of Great Lent continues from Meatfare Sunday to Easter Sunday, and is broken only after the Paschal Divine Liturgy. Knowing the great effort to which they are called, Christians should make every effort to fast as well as they can, in secret, so that

God would see and bless them openly with a holy life. Each person must do his best in the light of the given ideal. In addition to the ascetic fasting of the Lenten season, the Eastern Christians alone among other Christians also practice what is known as Eucharistic or liturgical fasting one hour before each liturgy. This fasting does not refer to the normal abstinence in preparation for receiving the holy Eucharist; it means fasting from the holy Eucharist itself. During the week days of Great Lent the regular Eucharistic Divine Liturgy is not celebrated in churches since the Divine Liturgy is always a paschal celebration of communion with the Risen Lord. Because the Lenten season is one of preparation for the Lord's Resurrection through the remembrance of sin and separation from God, the liturgical order of the Church eliminates the Eucharistic service on the weekdays of lent. Instead the non-eucharistic services are extended with additional scripture readings and hymnology of a Lenten character. In order that the faithful would not be entirely deprived of Holy Communion on the Lenten days, however, the Liturgy of the Presanctified Gifts is celebrated on Wednesday and Friday evenings. Even during Great Lent, Saturday (the Sabbath Day) and Sunday (the Lord's Day) remain Eucharistic days, and the Divine Liturgy is celebrated. On Saturdays it is the normal Liturgy of Saint John Chrysostom, usually with prayers for the dead. On Sundays it is the longer Liturgy of Saint Basil the Great. The well-known teaching that Saturdays and Sundays are never days of fasting in the Eastern Church. On Memorial Saturdays the liturgical hymns pray universally for all of the departed, and the Matins for the dead, popularly called the parastasis or panikhida, is served with specific mention of the deceased by name. Litanies and prayers are also added to the Divine Liturgy at which the scripture readings refer to the dead and their salvation by Christ. Saturday, even during the non-Lenten season, is the Church's day for remembering the dead. This is so because Saturday, the Sabbath Day, stands as the day which God blessed for life in this world. Because of sin, however, this day now symbolizes all of earthly life as naturally fulfilled in death. Even Christ the Lord lay dead on the Sabbath Day, "resting from all of his works" and "trampling down death by death." Thus, in the New Testament Church of Christ, Saturday becomes the proper day for remembering the dead and for offering prayers for their eternal salvation. During Great Lent, even though the Eucharistic fast is broken on Saturdays and Sundays, the ascetical fast continues through the weekends since this fasting is an extended effort made from Meatfare Sunday right to Easter itself.

The Lent - 40 DAY GREAT AND HOLY FAST... LET ME REFLECT...

- Have I accepted Great Lent as a "gift" from God, with thanksgiving?
- Have I spent the last five days in a meaningfully different way?
- Have I started to participate in the Lenten services that are held during the week, Monday through Friday?
- Have I used the Lenten prayer of Saint Ephraim in my morning and evening prayers, and at other times throughout the day?
- In addition to the Holy Scriptures, what kind of spiritual reading have I done? Have I learned more about my Faith? Have I read spiritual works which can help me in my prayers, dealing with others, and spiritual faults and needs?
- Am I preparing myself to make a good, honest, and humble Confession? Do I really believe that I am confessing my sins to Jesus Christ? Am I aware that the Lord sees my inner heart and will know if I only recite my sins, instead of being truly sorrowful and deeply committed to avoid repeating them?
- In what ways will I struggle during the coming Holy Week that I have so far left unattended?
- Am I willing to die to my old self in order to live in Christ? Am I willing to trade the earth for heaven? Am I willing to deny myself, take up my cross and follow Him to His heavenly Kingdom?